

FESTIVAL BOWLAND 2020

A year round calendar of events celebrating the nature, landscape, culture and heritage of the Forest of Bowland Area of Outstanding Natural Beauty





Festival Bowland

Festival Bowland is a year round calendar of events celebrating the nature, landscape, culture and heritage of the Forest of Bowland Area of Outstanding Natural Beauty (AONB). The Forest of Bowland AONB Partnership has worked together with landowners, businesses, countryside staff and enthusiastic individuals to bring together a wealth of events and opportunities for people to explore the area's special qualities and to share with others what makes this such a special place for people and nature.

The Partnership is grateful to all those who have helped to make this events programme possible, with special thanks to Wyre Coast and Countryside Service.

Cover image: Little Saplings © Forest of Bowland AONB

Festival Bowland 2020



What's Happening in 2020?

Our *Dark Skies Festival* returns in February after a very popular debut last year. *Wild Spring* spans two, packed weeks in late April/early May and we'll be celebrating *Landscapes for Life Week* in September, along with AONBs throughout the country. October half term is your chance to *Get Creative*, with everything from storytime to natural art. (Look out for highlighted events in the programme.) And of course, in between, there are a host of events designed to help you to discover this beautiful part of the country.

Dark Skies Festival

Events are highlighted in grey

Wild Spring

Events are highlighted in green

Landscapes for Life Week

Events are highlighted in red

Get Creative

Events are highlighted in blue

If you have nature-loving youngsters (five years old or under) look out for the Pendle Hill Landscape Partnership Scheme's Little Saplings programme. Taking place on the second and fourth Wednesdays of most months these free, pre-bookable sessions aim to nurture independent play in the outdoors.

Find all the details at www.pendlehillproject.com/little-saplings



Important information

- Information about how to book is detailed with each event. A small number of events are “just turn up”, but contact details for further information are included with these events too.
- Children and young people under the age of 18 must be accompanied by an adult and some events may not be suitable for children.
- Dogs are accepted on some events, but not all. Please check at the time of booking.
- Please dress appropriately for the location and weather. You will need sturdy walking shoes or boots, warm clothing and waterproofs for most outdoor events. Please bring drinking water/hot drink and a packed lunch on all-day events. (You may want to bring a drink and a snack on shorter walks.) On hot, sunny days, sun cream, a sunhat and sunglasses are recommended.
If you need medication, please bring it with you. If you have binoculars it's definitely worth bringing them along. If you are not appropriately prepared, your leader may refuse to include you. This is for your, and the group's, safety.



- Most events, particularly those outdoors, require a reasonable level of fitness, with the exception of health walks. Many events will involve walking, often up slopes and over stiles, and some involve all-day hill walking. Please take note of the information provided for each event. Overestimating your fitness may spoil the event for you and the rest of the group. Events are led at a pace to suit the whole group.

For more information visit www.forestofbowland.com where you can also find details of any additional events added to our on-line calendar.

Terrain Guide

Our Terrain Guide aims to give you an idea of the kind of ground covered during relevant events. This is a guide only and you should check with event organisers beforehand if you are unsure about the suitability of a walk:

- 1 Relatively flat ground, no stiles, suitable for wheelchairs and pushchairs.
- 2 Relatively level ground, fields, lanes and tracks, possibly with some stiles and gentle slopes.
- 3 Uneven ground, fields, lanes and tracks with some moderate slopes. Expect stiles.
- 4 Uneven ground, fields, lanes and tracks, with some steeper climbs. Expect stiles.
- 5 Limited paths, rough walking, steep climbs. Expect stiles.



Useful information

Tramper Friendly

The Festival Bowland programme includes a number of events suitable for Trampers. (A Tramper is a specially designed, all-terrain electric buggy.)

Please book in advance for these by using the contact information given in the events listing. If you have not used a Tramper before, you should ask for an induction where you will be shown how to use the vehicle safely.

(Please note that some Tramper events may only be suitable for people with previous experience.)

In addition to Tramper-friendly Festival Bowland events, Trampers can be booked at a number of venues in and around the Forest of Bowland, for use on identified routes at those sites.

Tramper information is available from:

Wyre Estuary Country Park – Duty Ranger
07976 650803

Visit Garstang Centre
01995 602125

Gisburn Forest Hub café
01200 446387 or go to

www.forestofbowland.com/access-all



Agricultural Shows

During the summer months you will find a number of agricultural shows within the Forest of Bowland and the surrounding area. These offer a great opportunity to find out more about farming and rural life in this part of the country. Agricultural shows are traditionally held in the Hodder Valley, Chipping, Garstang, Bentham and Goosnargh / Longridge. See local press or individual show websites for 2020 show dates.

Want to Get Involved?

If the idea of doing something practical, meeting new people and getting out in the fresh air appeals, you might like to take part in some volunteering. With everything from hedge laying to path repairs and dry stone walling to balsam pulling, these sessions are a great way to get involved in looking after the AONB. You can find out about countryside volunteer opportunities with various organisations at the link on our website below:

www.forestofbowland.com/volunteering

Flowers of the Dales Festival

The annual Flowers of the Dales Festival, co-ordinated by local charity Yorkshire Dales Millennium Trust, is an exciting programme of 100 events from March to November that celebrate the Yorkshire Dales' wonderful wildflowers, their habitats and the species that they support. Now in its twelfth year, the Festival has engaged more than 47,000 people in wildflower and nature events. This year the festival offers walks, talks and hands-on activities for all ages, run by passionate individuals and local organisations. There really is something for everyone to enjoy.

For further information visit www.ydmt.org or call 015242 51002.

Public Transport

For public transport information call Traveline on 0871 200 2233 or visit www.traveline.info

Mountain Rescue In an emergency dial 999 and ask for the Police, then Mountain Rescue.

Please note that, whilst all event details are believed to be correct, visitors are advised to contact individual event providers to confirm the information given.



At a Glance Events Listings

February

Monday 17th February

- Pop-up Planetarium

Tuesday 18th February

- Tales from a Dark Forest Night

Thursday 20th February

- Free Family Nature Event – Creatures of the Night

Friday 21st February

- Bowland Dark Skies Film Screening – A Grand Day Out

Sunday 23rd February

- Forest of Bowland Dark Skies - Stargazing

April

Thursday 9th April

- Free Family Nature Event – Landscape Spring Walk

Saturday 11th April

- RSPB Moorland Walk

Tuesday 14th April

- All Hallows Church Tour

Wednesday 15th April

- Micro Safari

Thursday 16th April

- Free Family Nature Event – Minibeast Madness

Sunday 19th April

- Forest School Taster
- Introduction to Woodland Wildflowers

Thursday 23rd April

- Circular Walk, Slaidburn

Friday 24th April

- Whimbrel Watch

Saturday 25th April

- What Will You Find in the Deep, Dark Wood?

- RSPB Moorland Walk

Thursday 30th April

- Lapwings and Hares Tramper Trek
- Amphibians and Reptiles

May

Saturday 2nd May

- Bowland Butterfly Walk
- Stocks Spring Bird Watch
- Garstang Area, Old and New
- Garstang Health Walk
- Garstang to the Fells and Back

Sunday 3rd May

- Bluebell Walk
- Crossing the Wyre through History
- Curlews and Brown Hares Spring Walk

- Following the Thirlmere Aqueduct
- Springtime Wildlife around Nicky Nook

Monday 4th May

- Abbeystead Reservoir and Marshaw Loop
- Abbeystead Circular
- Baby Bounce and Rhyme
- River Catchment Walk

Wednesday 6th May

- Arrow Bank Spring – source of the River Brock
- Beacon Fell and the Brock Valley
- Bleasdale People and Places
- Bleasdale Skyline
- Bleasdale Wildlife Watch
- Fairsnape Fell Evening Walk



- Navigation Day 1 – Basic Map Reading

Thursday 7th May

- Grizedale Bridge and Harrisend Fell
- Navigation Day 2 – Navigation with Map and Compass
- Sullom Evening Walk

Friday 8th May

- Dunsop Valley Ramble and Trumper Trek
- Nordic Walking (Experienced) Walk
- Wyresdale and Dolphinholme – Farmsteads and Fiddlesticks

Saturday 9th May

- Brock Valley and Bowland Views
- Cloughton Estate Walk
- Scorton Challenge Trumper Trek
- Wyre Way Day 2

Sunday 10th May

- Of Fallen Airmen and Lancashire Gothic Writing
- Of Roman Legions and Pendle Witches
- Wyre Way Day 3

16th May - 12th July

- Maiden Bridge Art Centre Summer Exhibition

Saturday 16th May

- Bleasdale Tower Gardens
- RSPB Moorland Walk

Sunday 17th May

- Bleasdale Tower Gardens
- Dry Stone Walling Competition – Pendle Hill LP

Wednesday 20th May

- Trumper Taster Day at Beacon Fell

Monday 25th May

- Ribble Valley Ramble

Thursday 28th May

- Bumblebees for Beginners

Sunday 31st May

- National Gardens Scheme - Waddow Lodge

June

Thursday 11th June

- Slaidburn Heritage Walk

Thursday 18th June

- Calder Vale Evening Views

Saturday 20th June

- RSPB Moorland Walk

Saturday 27th June

- Bleasdale Circuit Trumper Trek

July

Thursday 2nd July

- Freshwater Ecology Day

Saturday 4th July

- National Meadows Day

Thursday 9th July

- Fell View, Tracks and Trails

Saturday 11th July

- Over Wyresdale and Nicky Nook Ramble

Sunday 12th July

- National Gardens Scheme - Waddow Lodge
- Salthill Meadow Walk

Tuesday 14th July

- Circular Walk, Chipping

Sunday 26th July

- Lancashire Cheese Walk

Thursday 30th July

- Free Family Nature Event – Uncovering Archaeology
- Nature Walk around Holmewood

August

Wednesday 5th August

- Field-Scale Hay Meadow Restoration Workshop

Tuesday 11th August

- River Dipping

Thursday 20th August

- Free Family Nature Event – Traditional Boundaries

Thursday 27th August

- Wildlife Explorer on the Green
- Free Family Nature Event – Landscape Summer Walk

Monday 31st August

- Ribble Valley Ramble

September

Saturday 19th to

- Sunday 27th September
- Bowland Foodie Foray

Saturday 19th

- September
- Woodlands & Riverbanks
- Bat Watch

Tuesday 22nd

- Lancashire's Largest Forest

Wednesday 23rd

- September
- Creating Mini-Meadows for Wildlife

Sunday 27th

- September
- From Fleece to Felt

Tuesday 29th

- September
- Lord of Bowland 10th Annual Lecture

October

Saturday 3rd October

- Friends of Bowland Apple Day

Tuesday 6th October

- Trumper Taster Day at Gisburn Forest

Saturday 24th October

- Leaves, Conkers and Pumpkins – Autumnal Storytime

Sunday 25th October

- Bowland Family Art Activity

Monday 26th October

- Autumn's Palette

Tuesday 27th October

- Bat Box Workshop

Wednesday 28th

- October
- Hot off the Press!

Thursday 29th

- October
- Free Family Nature Event – Natural Art

November

Friday 13th November

- Claylands Legstretcher

December

Tuesday 8th December

- Garstang Victorian Festival Woodcraft Activity



Events in February

Pop-up Planetarium

Monday 17th February

1pm, 2pm or 3pm

Knowle Green



Step inside the pop-up planetarium for a journey through space – without leaving the ground! Discover the wonders of the planets and stars with amateur astronomer and professional scientist, Robert Ince. Great for families with children of eight years old and over.

Booking essential. Please contact the Forest of Bowland AONB on **01200 448000** or email sandra.silk@lancashire.gov.uk

£2.50 per person

Tales from a Dark Forest Night

Tuesday 18th February

7pm – 8.30pm

Gisburn Forest & Stocks



Join us in Gisburn Forest where we'll be keeping cosy in the yurt as we listen to night-time tales with local storyteller, Sue Allonby. A great half term activity for families with children eight years old and over.

Booking essential. Please contact the Forest of Bowland AONB on **01200 448000** or email sandra.silk@lancashire.gov.uk

£3 per child, 1 ½ hours

Free Family Nature Event – Creatures of the Night

Thursday 20th February

4pm – 6.30pm

Whitehough Outdoor Centre, Barley

Discover what barn owls eat by having a go at owl pellet dissection then, as the light fades, follow a nature walk to see what night time creatures we might hear – or see!

Activities aimed at 4 - 12 year olds (see booking website for more details). Parent/ carer must accompany children at all times.

Booking essential. Please go to www.pendlehillproject.com/whats-on. You will then receive all meeting instructions and additional details about location. For further information, or if you have any questions, please email PendleHill@ernestcooktrust.org.uk

Free, terrain guide 2, 2 miles approx



Bowland Dark Skies Festival Film Screening – A Grand Day Out

Friday 21st February

1.30pm – 2.30pm

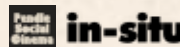
or 3pm – 4pm

Downham

Come along and enjoy night sky craft activities, then join Pendle Social Cinema for this family-friendly animation of Wallace and Gromit's adventure to find cheese on the moon!

Booking essential. Please contact the Forest of Bowland AONB on **01200 448000** or email sandra.silk@lancashire.gov.uk

£2.50 per person, Family-friendly





Events in April

Forest of Bowland Dark Skies Stargazing

Sunday 23rd February
7.30pm – 9.30pm



Bleasdale

Join Robert Ince for an evening of stargazing. Robert will be your guide taking you on an incredible journey through the constellations and along the Milky Way, while also showing you how to find all sorts of heavenly objects for yourself. Weather permitting, he will try and show some of the sky's wonders through powerful telescopes and binoculars and will attempt to answer your questions on life, the universe and everything! Robert will tell you more about how we need to protect dark skies and show startling images and videos of the objects we hope to see when we go outside. But even if the weather does not co-operate there still will be colourful talks, videos and hands on help with telescopes, together with friendly advice on how to get started in this wonderful hobby.

Wrap up warm - stargazing nights can be cold. Bring binoculars if you have them and also a torch. Suitable for adults and children 10 years and over. (All under 18s must be accompanied by an adult.)

Booking essential. Please book via Go Stargazing at <https://gostargazing.co.uk/organiser/robertince/>. For more information contact Robert Ince on 07511403702 or email robert.ince.uk@gmail.com

£15/£7.50

Free Family Nature Event – Landscape Spring Walk

Thursday 9th April
10am – 1pm



Pendle Hill Landscape Project area (venue tbc)

Join us on a family friendly, three mile circular walk within the landscape. We will be identifying wildlife as we go, exploring the five senses and discovering hidden views amongst the landscape. Activities aimed at 4 - 12 year olds (see booking website for more details). Parent/carer must accompany children at all times.

Booking essential. Please go to www.pendlehillproject.com/whats-on. You will then receive all meeting instructions and additional details about location. For further information, or if you have any questions, please email PendleHill@ernestcooktrust.org.uk

Free, terrain guide 2, 3 miles

Events from February to April



RSPB Moorland Walk

Saturday 11th April

9.30am – 3pm



Slaidburn pay and display car park initially

Join us for a walk along one of the Forest of Bowland's most stunning valleys. Take this opportunity to learn more about the international importance of the area for birds of prey and the rare upland habitat they call home during the spring and summer. Birds to look out for include the ring ouzel, a regular breeder in the valley, our smallest bird of prey the merlin and, if you're lucky, you may be rewarded with a sighting of England's rarest bird of prey, and emblem of the AONB, the hen harrier.

The distance of the walk is approximately four kilometres along a rough track and participants should be properly equipped for a walk in upland conditions: warm and waterproof clothing and footwear, food and water, and maybe even sun block. Please bring binoculars (and a telescope would be useful if you have one). Suitable for accompanied children of 10 years and over.

As parking is limited at the start of the walk we will meet in the Slaidburn pay and display car park and then a few cars will head up to where we will start walking from. Please do not pay for parking until we have organised cars.

Booking essential. Please contact Marie Stawarski at the RSPB office on bowlandsafari@rspb.org.uk or phone **01524 581001**.

£8 (RSPB members)/£10 (non-members), terrain guide 3, 3 miles approx

All Hallows Church Tour

Tuesday 14th April

10.30am – 12 noon approx

Mitton



Enjoy a guided tour of this lovely medieval church and discover its 750 year history - including that of the Shireburn Chapel - along with the Millennium re-ordering work which has brought hidden features to light.

During 2020 All Hallows Church is celebrating its 750th anniversary. As part of these celebrations further church tours will be taking place on the second Tuesday of each month between May and Sept. (See www.allhallowsmitton.org.uk for details and booking of these subsequent tours.)

Booking essential. Please contact the Forest of Bowland AONB on **01200 448000** or email sandra.silk@lancashire.gov.uk.

Free (donations welcome)

Micro Safari

Wednesday 15th April

10am – 3pm

Sabden



A fun, family friendly event to introduce the invertebrate diversity that live in our rivers and the importance of these for food chains. Children can get hands on in identifying macroinvertebrates. Equipment and identification materials are provided.

Booking essential. Please contact the Ribble Rivers Trust on admin@ribbletrust.com or phone **01200 444452**.

Free, family-friendly

Free Family Nature Event – Minibeast Madness

Thursday 16th April

10am – 12noon

Spring Wood, Whalley

1.30pm - 3.30pm Victoria Park, Nelson



Join in with our minibeast fun activities in the great outdoors! Hunt for minibeasts on land and in water; discover where they live and how they grow. Make natural crafts and follow the insect trail. Activities aimed at 4 - 12 year olds (see booking website for more details). Parent/carer must accompany children at all times.

Booking essential. Please go to www.pendlehillproject.com/whats-on. You will then receive all meeting instructions and additional details about location. For further information, or if you have any questions, please email PendleHill@ernestcooktrust.org.uk

Free

Forest School Taster

Sunday 19th April

1pm – 3pm

Garstang Millennium Green



Come to the park and have a go at learning some forest craft skills.

Booking essential. Please contact the Visit Garstang Centre on **01995 602125** or email garstangtic@wyre.gov.uk. Website www.wyre.gov.uk

£3 per child, terrain guide 1, 2 miles approx



Introduction to Woodland Wildflowers

Sunday 19th April
10am – 11am



Brock area

Join the rangers for a woodland walk in search of spring wildflowers. Please bring outdoor footwear and clothing as the paths alongside the river can be muddy.

Just turn up. Please contact the Visit Garstang Centre on **01995 602125** or email garstangtic@wyre.gov.uk. Website www.wyre.gov.uk

Free, terrain guide 2, 2 miles approx

What Will You Find in the Deep, Dark Wood?

Saturday 25th April
10am – 12 noon



Garstang Library

Join the Gruffalo for a themed storytime to learn about what you can find in local woodland.

Families Welcome - parent or guardian must stay with children.

Just turn up. For more information please contact the Visit Garstang Centre on **01995 602125** or email garstangtic@wyre.gov.uk. Website www.wyre.gov.uk

Free

Circular Walk, Slaidburn

Thursday 23rd April
10am – 1pm



Newton in Bowland (layby at bridge)

A circular walk starting in Newton-in-Bowland, taking in Easington and Slaidburn, following the course of the River Hodder for sections of the route.

Please park in the village car park as there is no parking available at the bridge.

The walk may be challenging for children under 10 years old. (All under 18s must be accompanied.) Well behaved dogs on leads welcome.

Just turn up. For more information please contact the Ribble Rivers Trust on admin@ribbletrust.com or phone **01200 444452**.

Free, terrain guide 4, 4 to 5 miles

RPSB Moorland Walk

Saturday 25th April
9.30am – 3pm



Slaidburn pay and display car park initially

Join us for a walk along one of the Forest of Bowland's most stunning valleys. Take this opportunity to learn more about the international importance of the area for birds of prey and the rare upland habitat they call home during the spring and summer: Birds to look out for include the ring ouzel, a regular breeder in the valley, our smallest bird of prey the merlin and, if you're lucky, you may be rewarded with a sighting of England's rarest bird of prey, and emblem of the AONB, the hen harrier.

The distance of the walk is approximately four kilometres along a rough track and participants should be properly equipped for a walk in upland conditions: warm and waterproof clothing and footwear; food and water; and maybe even sun block. Please bring binoculars (and a telescope would be useful if you have one). Suitable for accompanied children of 10 years and over.

As parking is limited at the start of the walk we will meet in the Slaidburn pay and display car park and then a few cars will head up to where we will start walking from. Please do not pay for parking until we have organised cars.

Booking essential. Please contact Marie Stawarski at the RSPB office on bowlandsafari@rspb.org.uk or phone **01524 581001**.

£8 (RSPB members)/£10 (non-members), terrain guide 3, 3 miles approx

Whimbrel Watch

Friday 24th April
8pm – 10pm



Barnacre area

Enjoy an evening bird watch with views over the Bowland Fells and a special chance to see these beautiful birds fly in to roost at dusk.

Booking essential. Please contact the Visit Garstang Centre on **01995 602125** or email garstangtic@wyre.gov.uk. Website www.wyre.gov.uk

£3.50/£2.50, terrain guide 2, 1 mile approx



Lapwings and Hares Tramper Trek

Thursday 30th April

10am – 12.30pm

Claughton area

Join the countryside rangers to look for lapwings and hopefully their chicks and maybe one or two hares. Walkers welcome.

Booking essential. Please contact the Visit Garstang Centre on **01995 602125** or email garstangtic@wyre.gov.uk.
Website www.wyre.gov.uk

£3.50/£2.50, terrain guide 4, 2 to 3 miles,
Tramper-friendly



Stocks Spring Bird Watch

Saturday 2nd May

8am – 2pm

Stocks Reservoir Car Park, School Lane
(Pay and display)

Come and discover the birds of Stocks Reservoir and Gisburn Forest. Join East Lancashire Ornithologists' Club in the walled garden picnic area where experienced birders will be on hand to help with identification in the bird hides. There will also be stalls including Ribble Rivers Trust with family activities and further information about supporting local wildlife. Drop by for a few minutes or stay for a few hours and see how many bird species you can record.

Free event but parking charges apply.

Just turn up. For more information email Helen Smith at the Ribble Rivers Trust on helen@ribbletrust.com or phone **01200 444452**.

Free, family-friendly



Amphibians and Reptiles

Thursday 30th April

7pm – 8.30pm

Hornby

An introduction to Reptiles and Amphibians found in Britain, with pictures and possibly wild specimens, but concentrating primarily on the species that occur within the Forest of Bowland and with insight into the species people might be able to observe.

Booking essential. Please contact the Forest of Bowland AONB office on **01200 448000** or email sandra.silk@lancashire.gov.uk

£3, 1 ½ hours



Garstang Walking Festival

Saturday 2nd May
to Sunday 10th May



The 2020 Walking Festival is co-ordinated by the Friends of Garstang Walking Festival supported by Wyre Council. There are nine days of walks celebrating springtime. Pick up a separate brochure at the Visit Garstang Centre or see www.wyre.gov.uk/garstangwalkingfestival

Events in May

Bowland Butterfly Walk

Saturday 2nd May

2pm – 4.30pm

Langden, near Dunsop Bridge

Our target species for this three-mile walk are the beautiful Green Hairstreak butterfly and the amazing, day-flying Emperor moth. Good weather, sharpness of eye and cunning deployment of a pheromone lure will all play their part in helping us to see these iconic moorland species at close quarters.

Booking essential. Please contact the Forest of Bowland AONB office on **01200 448000** or email sandra.silk@lancashire.gov.uk

£3, terrain guide 3, approx 3 miles



Garstang Area – Old and New

Saturday 2nd May

10.30am – 1pm

Garstang area

A leg stretcher exploring the environs around Garstang that have made it great.

Booking essential. Please contact the Visit Garstang Centre on **01995 602125** or email garstangtic@wyre.gov.uk

Website www.wyre.gov.uk

£3.50/£2.50, terrain guide 3, 4 miles





Garstang Health Walk

Saturday 2nd May

10.30am – 11.30am

Visit Garstang Centre

Rural walk around Garstang. Walking shoes/boots recommended. These regular walks are designed to help you get fit, stay fit and keep healthy. Dogs on a lead welcome.

Just turn up. For more information please contact the Visit Garstang Centre on **01995 602125** or email garstangtic@wyre.gov.uk. Website www.wyre.gov.uk

Free, terrain guide 3, 2 miles



Crossing the Wyre through History

Sunday 3rd May

10.30am – 12.30pm

Garstang area

A circular walk along the River Wyre via the Millennium Green to Broom Hill then via the Cornmill and the Rennie Aqueduct on the Lancaster Canal and returning to the start.

Booking essential. Please contact the Visit Garstang Centre on **01995 602125** or email garstangtic@wyre.gov.uk. Website www.wyre.gov.uk

£3.50/£2.50, terrain guide 2, 3 to 4 miles



Garstang to the Fells and Back

Saturday 2nd May

9am – 4.30pm

Garstang

From Garstang we rise through pastures and villages to high moorland, taking in some fantastic views before returning along different paths to Garstang. Bring a packed lunch.

Booking essential. Please contact the Visit Garstang Centre on **01995 602125** or email garstangtic@wyre.gov.uk. Website www.wyre.gov.uk

£4.50/£3.50, terrain guide 5, 15 miles



Curlews and Brown Hares Spring Walk

Sunday 3rd May

8am – 9.30am

Cloughton area

A short wildlife walk in search of brown hares, curlews and other spring-time wildlife. Join us for coffee and breakfast at Cobble Hey after the walk (extra charge).

Booking essential. Please contact the Visit Garstang Centre on **01995 602125** or email garstangtic@wyre.gov.uk. Website www.wyre.gov.uk

£3.50/£2.50, terrain guide 3, 1 1/2 miles



Bluebell Walk

Sunday 3rd May (and every Sunday in May)

11am – 12 noon

Calder Vale Village Green

A short walk in Calder Vale taking in the spring wildlife of the bluebell woods. At the end of the walk you can take part in a Bluebell Tea at the Village Hall (extra charge).

(If travelling by car please go to Calder Vale village hall via Strickens Lane from Garstang, not via St. John's Church, as there is no through road between the two.) Dogs on leads welcome.

Just turn up. For more information please contact the Visit Garstang Centre on **01995 602125** or email garstangtic@wyre.gov.uk. Website www.wyre.gov.uk

Free, terrain guide 3-4, 1 to 2 miles



Following the Thirlmere Aqueduct

Sunday 3rd May

9am – 5pm

Cloughton area

Circular walk from Cobble Hey, out across fells and fields to Harris End, returning following the course of the Thirlmere Aqueduct - a feat of Victorian engineering supplying Manchester with water since 1894. Bring a packed lunch.

Booking essential. Please contact the Visit Garstang Centre on **01995 602125** or email garstangtic@wyre.gov.uk. Website www.wyre.gov.uk

£4.50/£3.50, terrain guide 4, 12 miles





Spring-time Wildlife around Nicky Nook

Sunday 3rd May

10am – 12.30pm

Scorton area

A walk in search of spring time wildlife. Bring your dog with you too.

Booking essential. Please contact the Visit Garstang Centre on **01995 602125** or email garstangtic@wyre.gov.uk.

Website www.wyre.gov.uk

£3.50/£2.50, terrain guide 4, 6 miles



Baby Bounce and Rhyme

Monday 4th May

10am – 11.30am

Garstang Library

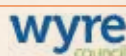
Singing, movements and rhymes at the Library followed by an easy baby and buggy walk to the Millennium Green.

Note: 10:00 am – 10:30 am for story time in the library. 10:30 am – 11:30 am for the walk.

Just turn up. For more information please contact the Visit Garstang Centre on **01995 602125** or email garstangtic@wyre.gov.uk.

Website www.wyre.gov.uk

Free, terrain guide 1, 1 mile



Abbeystead Reservoir and Marshaw Loop

Monday 4th May

9.30am – 3pm

Abbeystead area

From Abbeystead we follow the river to the reservoir and its impressive curved weir (via the Wyre Way south), return to Abbeystead (via the Wyre Way north), then onto Marshaw, over the Forest of Bowland moorland to Tarnbrook, returning to Abbeystead. Bring a packed lunch.

Booking essential. Please contact the Visit Garstang Centre on **01995 602125** or email garstangtic@wyre.gov.uk.

Website www.wyre.gov.uk

£4.50/£3.50, terrain guide 4, 8 miles



River Catchment Walk

Monday 4th May

10.30am – 1.30pm

Abbeystead area

A riverside walk with the River Wyre Catchment Partnership team. Bring a packed lunch.

Booking essential. Please contact the Visit Garstang Centre on **01995 602125** or email garstangtic@wyre.gov.uk.

Website www.wyre.gov.uk

£3.50/£2.50, terrain guide 3, 4 miles



Abbeystead Circular

Monday 4th May

10am – 3pm

Abbeystead area

A circular walk encompassing the River Wyre, passing through woodland and pastures using footpaths that are seldom used, taking in the Shepherd's Church and returning via Lower Lee. Bring a packed lunch.

Booking essential. Please contact the Visit Garstang Centre on **01995 602125** or email garstangtic@wyre.gov.uk.

Website www.wyre.gov.uk

£4.50/£3.50, terrain guide 3, 6 miles



Arrowbank Spring – Source of the River Brock

Wednesday 6th May

10am – 2.30pm

Bleasdale area

A walk towards the base of the Bleasdale fells, looking at the various springs that originate from these fells and then along to the Arrowbank Spring site, where we will have a lunch break and explore the waterfalls that come off the fell-side. Bring a packed lunch.

Booking essential. Please contact the Visit Garstang Centre on **01995 602125** or email garstangtic@wyre.gov.uk.

Website www.wyre.gov.uk

£4.50/£3.50, terrain guide 3, 7 miles





Beacon Fell and the Brock Valley

Wednesday 6th May

10am – 3pm

Bleasdale area

A circular walk from Bleasdale, taking in Beacon Fell, Brock Bottoms and the Brock Valley. Bring a packed lunch.

Booking essential. Please contact the Visit Garstang Centre on **01995 602125** or email garstangtic@wyre.gov.uk.

Website www.wyre.gov.uk

£4.50/£3.50, terrain guide 3, 7 ½ miles



Bleasdale Wildlife Watch

Wednesday 6th May

8am – 9am

Bleasdale area

Join the rangers to see what wildlife we can spot around Bleasdale Parish Hall.

Booking essential. Please contact the Visit Garstang Centre on **01995 602125** or email garstangtic@wyre.gov.uk.

Website www.wyre.gov.uk

Free



Bleasdale People and Places

Wednesday 6th May

10.30am – 1pm

Bleasdale area

A walk encompassing St Eadmer's Church, Bleasdale Bronze Age Circle and the surrounding area, exploring the lives of the people during the early twentieth century.

Booking essential. Please contact the Visit Garstang Centre on **01995 602125** or email garstangtic@wyre.gov.uk.

Website www.wyre.gov.uk

£3.50/£2.50, terrain guide 2, 3 miles



Fairsnape Fell Evening Walk

Wednesday 6th May

6pm – 9pm

Bleasdale area

An evening walk up steep slopes to Fairsnape and finishing at Bleasdale Parish Hall. The summit stands at 520m (1,710 ft) and commands wonderful views over The Fylde and Lake District (weather permitting).

Booking essential. Please contact the Visit Garstang Centre on **01995 602125** or email garstangtic@wyre.gov.uk.

Website www.wyre.gov.uk

£3.50/£2.50, terrain guide 4, 5 miles



Bleasdale Skyline

Wednesday 6th May

9am – 3.30pm

Bleasdale area

From the parish hall this walk ascends and follows the skyline along the fells, with impressive views on a clear day, before gradually descending and returning to Bleasdale. Bring a packed lunch.

Booking essential. Please contact the Visit Garstang Centre on **01995 602125** or email garstangtic@wyre.gov.uk.

Website www.wyre.gov.uk

£4.50/£3.50, terrain guide 5, 12 miles



Navigation Day 1 – Basic Map Reading

Wednesday 6th May

10am – 4pm

Bleasdale area

An introduction to the skills required to be able to navigate with a map and compass. A short walk using a map and compass will be undertaken to use the skills gained. Bring a packed lunch.

Booking essential. Please contact the Visit Garstang Centre on **01995 602125** or email garstangtic@wyre.gov.uk.

Website www.wyre.gov.uk

£5, terrain guide 2, 2 ½ miles





Grizedale Bridge and Harrisend Fell

Thursday 7th May

10am – 3.30pm

Scorton area

A country walk up Grizedale Valley, past fields and over moorland returning to Scorton. Bring a packed lunch.

Booking essential. Please contact the Visit Garstang Centre on 01995 602125 or email garstangtic@wyre.gov.uk.

Website www.wyre.gov.uk

£4.50/£3.50, terrain guide 5, 9 miles



Dunsop Valley Ramble and Trammer Trek

Friday 8th May

11am – 2pm

Dunsop area

Explore the Dunsop Valley deep in the Forest of Bowland, either on foot or by Trammer. Bring a packed lunch.

Booking essential. Please contact the Visit Garstang Centre on 01995 602125 or email garstangtic@wyre.gov.uk.

Website www.wyre.gov.uk

£3.50/£2.50, terrain guide 3, 6 miles, Trammer-friendly



Navigation Day 2 – Navigation with Map and Compass

Thursday 7th May

10am – 4pm

Bleasdale area

Further development of the skills needed to navigate with map and compass, plotting a route and putting it all into practice. Participants must have completed Day 1 to participate. Bring a packed lunch.

Booking essential. Please contact the Visit Garstang Centre on 01995 602125 or email garstangtic@wyre.gov.uk.

Website www.wyre.gov.uk

£5, terrain guide 3, 4 miles



Nordic Walking (Experienced) Walk

Friday 8th May

10am – 2pm

Scorton area

A seven mile circular Nordic walk for experienced Nordic walkers. A variety of paths, tracks, fields and lanes, including a climb over Nicky Nook and along Grizedale. Bring a packed lunch.

Booking essential. Please contact the Visit Garstang Centre on 01995 602125 or email garstangtic@wyre.gov.uk.

Website www.wyre.gov.uk

£3.50/£2.50, terrain guide 3, 7 miles



Sullom Evening Walk

Thursday 7th May

6.45pm – 9.30pm

Calder Vale and Sullom area

An evening walk from Calder Vale to the trig point on Sullom, to which there is normally no public access. Hopefully there will be a spectacular sunset. Some steep ascents and descents.

Booking essential. Please contact the Visit Garstang Centre on 01995 602125 or email garstangtic@wyre.gov.uk.

Website www.wyre.gov.uk

£3.50/£2.50, terrain guide 4, 4 miles approx



Wyresdale and Dolphinholme – Farmsteads and Fiddlesticks

Friday 8th May

10am – 3.30pm

Dolphinholme area

A walk from Dolphinholme to the Shepherd's Church (with a short stop for tea, cakes and music), visiting farms associated with the Winders family of fiddle players. Bring a packed lunch.

Booking essential. Please contact the Visit Garstang Centre on 01995 602125 or email garstangtic@wyre.gov.uk.

Website www.wyre.gov.uk

£4.50/£3.50, terrain guide 3, 6 miles





Brock Valley and Bowland Views

Saturday 9th May

10am – 4.30pm

Cloughton area

The walk heads across farmland to join the beautiful River Brock valley. Continuing along the river, upstream, the walk passes the sites of two former mills and the Brock Bottom picnic site and eventually leaves the Brock valley to return across the pasture lands of the Bleasdale Estate to Cobble Hey. Bring a packed lunch.

Booking essential. Please contact the Visit Garstang Centre on **01995 602125** or email garstangtic@wyre.gov.uk.

Website www.wyre.gov.uk

£4.50/£3.50, terrain guide 3, 10 miles



Wyre Way – Day 2

Saturday 9th May

9am – 3pm

Dolphinholme area

From Dolphinholme village hall we take transport to St. Michael's. We variously follow the river and cross fields through to Churchtown, Garstang and Scorton to return to Dolphinholme. Bring a packed lunch.

Booking essential. Please contact the Visit Garstang Centre on **01995 602125** or email garstangtic@wyre.gov.uk.

Website www.wyre.gov.uk

£10, terrain guide 4, 11 miles



Cloughton Estate Walk

Saturday 9th May

10am – 12.30pm

Cloughton area

This is a special walk with the owners of the estate taking a look at its historical landscape including a visit to lovely Bluebell woodland. If you would like to join us on this walk don't forget to bring your binoculars.

Booking essential. Please contact the Visit Garstang Centre on **01995 602125** or email garstangtic@wyre.gov.uk.

Website www.wyre.gov.uk

£3.50/£2.50, terrain guide 2, 1 to 2 miles



Of Fallen Airmen and Lancashire Gothic Writing

Sunday 10th May

1pm – 3.30pm

Langden Valley area

A walk on United Utilities access land along the floor of the Langden Valley, visiting memorials erected to the memory of airmen who lost their lives in crashes. We shall also explore the valley's connection with Andrew Michael Hurley's 2017 novel, "Devil's Day", which is set in the area.

Booking essential. Please contact the Visit Garstang Centre on **01995 602125** or email garstangtic@wyre.gov.uk.

Website www.wyre.gov.uk

£3.50/£2.50, terrain guide 3, 3 ½ miles



Scorton Challenge Trumper Trek

Saturday 9th May

10.30am – 3pm

Scorton area

Join our Trumper trek, where we attempt to go where you never dreamed possible – over Nicky Nook Fell (weather permitting). Walkers welcome to join us. Bring a packed lunch.

Booking essential. Please contact the Visit Garstang Centre on **01995 602125** or email garstangtic@wyre.gov.uk.

Website www.wyre.gov.uk

£4.50/£3.50, terrain guide 4, 6 miles



Of Roman Legions and Pendle Witches

Sunday 10th May

9.30am – 5pm

Dunsop area

The walk skirts to the east of the Bowland Fells before picking up the Roman road to the head of Whitendale, then following the River Dunsop back to Dunsop Bridge. Bring a packed lunch.

Booking essential. Please contact the Visit Garstang Centre on **01995 602125** or email garstangtic@wyre.gov.uk.

Website www.wyre.gov.uk

£4.50/£3.50, terrain guide 5, 14 miles





Wyre Way – Day 3

Sunday 10th May

9am – 3pm

Abbeystead area

From Abbeystead we take transport to Dolphinholme. We follow the river into Abbeystead, then to Tarnbrook, over the Forest of Bowland moorland to Marshaw, returning to Abbeystead. Bring a packed lunch.

Booking essential. Please contact the Visit Garstang Centre on **01995 602125** or email garstangtic@wyre.gov.uk.

Website www.wyre.gov.uk

£4.50, terrain guide 4, 10 ½ miles



RSPB Moorland Walk

Saturday 16th May

9.30am – 3pm

Slaidburn pay and display car park initially

Join us for a walk along one of the Forest of Bowland's most stunning valleys. Take this opportunity to learn more about the international importance of the area for birds of prey and the rare upland habitat they call home during the spring and summer. Birds to look out for include the ring ouzel, a regular breeder in the valley, our smallest bird of prey the merlin and, if you're lucky, you may be rewarded with a sighting of England's rarest bird of prey, and emblem of the AONB, the hen harrier.

The distance of the walk is approximately four kilometres along a rough track and participants should be properly equipped for a walk in upland conditions: warm and waterproof clothing and footwear; food and water; and maybe even sun block. Please bring binoculars (and a telescope would be useful if you have one). Suitable for accompanied children of 10 years and over.

As parking is limited at the start of the walk we will meet in the Slaidburn pay and display car park and then a few cars will head up to where we will start walking from. Please do not pay for parking until we have organised cars.

Booking essential. Please contact Marie Stawarski at the RSPB office on bowlandsafari@rspb.org.uk or phone **01524 581001**.

£8 (RSPB members)/£10 (non-members), terrain guide 3, 3 miles approx



Maiden Bridge Art Centre Summer Exhibition

16th May to 12th July

Maiden Bridge Art and Study Centre, Tatham, near Bentham

This year's exhibition, The "Bowland Altarnertive Prize", will bring together at least 25 artists in painting, sculpture, ceramics, textiles and wood. The gallery is open 11am to 5pm Saturdays and Sundays, including Bank Holidays. (At other times by appointment.) Free parking and entry

For further information please contact Maiden Bridge Art and Study Centre on **015242 61463**, email info@maidenbridge.co.uk or go to the website at www.maidenbridge.co.uk

Bleasdale Tower Gardens

Saturday 16th May & Sunday 17th May

12 noon – 4.30pm

Bleasdale Tower Gardens

Enjoy the beautiful surroundings of the Bleasdale Estate and visit Bleasdale Tower's garden open weekend. Stalls, plus a short one hour guided heritage walk each day from 2pm. (Walk – terrain guide 3, 1 to 2 miles.) Entrance fee and small charge for the walk.

Just turn up. For more information please contact the Visit Garstang Centre on **01995 602125** or email garstangtic@wyre.gov.uk. Website www.wyre.gov.uk

Entrance fee applies

Dry Stone Walling Competition – Pendle Hill LP

Sunday 17th May

Fence, nr Burnley



Dry stone walls are a key part of Bowland's landscape. They also provide shelter for livestock along with habitat for insects, birds and small mammals. Good dry stone walling is a real skill and, if our walls are to survive well into the future, it's a skill which needs encouraging. The Pendle Hill Landscape Partnership dry stone walling competition is a great place to find out more.

Further information available from the Dry Stone Walling Association closer to the date. Email training@dswa.org.uk or see www.dswa.org.uk



Tramper Taster Day

Wednesday 20th May

10am – 11am, 11.30am – 12.30pm or 1.30pm – 2.30pm

Beacon Fell Country Park

If you haven't tried a Trampler before – now's your chance! Trampers are specially designed, all-terrain electric buggies, which can be used on country tracks uneven ground, mud and grass. They can help people who have difficulty walking, or who may be disabled, to experience the countryside and to accompany friends and family in the great outdoors. Why not join us for a trek along the woodland tracks at Beacon Fell Country Park and find out for yourself? Café and toilets on site.

Limited number of Trampers available so early booking is recommended.

Booking essential. Please contact the AONB office on **01200 448000** or email sandra.silk@lancashire.gov.uk

Donations welcome, terrain guide 3, 1 to 2 miles



Bumblebees for Beginners

Thursday 28th May

10am – 2.30pm

Slaidburn

Bumblebees are declining in our countryside, but one important way to help with their conservation is learning how to identify the different species and record what you see for the national records. In this workshop you can learn about their lifecycle, why they are important and how to identify our seven more common species. A morning indoor session is followed by an afternoon in the wildflower meadows to practice your new skills. We finish the day with a session on recording your sightings and the Bowland "Beewalks". Refreshments included but bring a packed lunch.

Booking essential. Please contact the Forest of Bowland AONB office on **01200 448000** or email carol.edmondson@lancashire.gov.uk

£15, terrain guide 3



Ribble Valley Ramble

Monday 25th May

10.30am – 4pm

Spread Eagle, Sawley

Participants will meet at the Spread Eagle for a bacon sandwich and tea/coffee (included) before setting off on a guided walk. The route will be decided by our regular local walk leaders who will provide commentary. A refreshment stop will be made half way (please bring cash for tea/coffee/beer). Walkers will return to the Spread Eagle for a two course meal (included). Please enquire regarding mileage and terrain.

Booking essential. Please contact The Manager at the Spread Eagle on **01200 441202** or email spread.eagle@zen.co.uk

www.spreadeaglesawley.co.uk

£21



National Gardens Scheme – Waddow Lodge

Sunday 31st May

1pm – 5pm

Waddow Lodge Garden, Clitheroe Road, Waddington, BB7 3HQ

Inspirational, two acre organic garden. Enthusiasts' collection of many unusual plants in flower garden, wild garden and kitchen garden. Plant heritage stall. Afternoon tea available. Well behaved dogs on leads welcome.

(Please do not use Sat Nav as this will take you to the wrong location.)

Just turn up. For more information please contact Liz and Peter Foley on **01200 429145** or email peterfoleyhcn@hotmail.co.uk

£4 (children free)



Events in June

Slaidburn Heritage Walk

Thursday 11th June

7pm – 9pm

Slaidburn



A walk around the historic village of Slaidburn, largely unchanged for centuries. We will be looking at some of the old buildings and how they came about and what their use was. We will also visit the ancient church of St. Andrew's and the original Manor Court. Donations to Slaidburn Archive welcome on the night. (Please note: field walking and uneven, cobbled paths.)

Booking essential. Please contact the AONB office on **01200 448000** or email sandra.silk@lancashire.gov.uk

Donations welcome, terrain guide 2-3, 1 to 2 miles

Calder Vale Evening Views

Thursday 18th June

6.30pm – 8pm

Calder Vale area



Join the rangers for an evening walk enjoying the views over Calder Vale and the Forest of Bowland fells.

Booking essential. Please contact the Visit Garstang Centre on **01995 602125** or email garstangtic@wyre.gov.uk
Website www.wyre.gov.uk

£3.50/£2.50, terrain guide 3, 3 miles

RPSB Moorland Walk

Saturday 20th June

9.30am – 3pm



Slaidburn pay and display car park initially

Join us for a walk along one of the Forest of Bowland's most stunning valleys. Take this opportunity to learn more about the international importance of the area for birds of prey and the rare upland habitat they call home during the spring and summer. Birds to look out for include the ring ouzel, a regular breeder in the valley, our smallest bird of prey the merlin and, if you're lucky, you may be rewarded with a sighting of England's rarest bird of prey, and emblem of the AONB, the hen harrier.

The distance of the walk is approximately four kilometres along a rough track and participants should be properly equipped for a walk in upland conditions: warm and waterproof clothing and footwear; food and water; and maybe even sun block. Please bring binoculars (and a telescope would be useful if you have one). Suitable for accompanied children of 10 years and over.

As parking is limited at the start of the walk we will meet in the Slaidburn pay and display car park and then a few cars will head up to where we will start walking from. Please do not pay for parking until we have organised cars.

Booking essential. Please contact Marie Stawarski at the RSPB office on bowlandsafari@rspb.org.uk or phone **01524 581001**.

£8 (RSPB members)/£10 (non-members), terrain guide 3, 3 miles approx

Bleasdale Circuit Trumper Trek

Saturday 27th June

10.30am – 1pm



Bleasdale area

A Trumper Trek around the tracks and lanes of the Bleasdale Estate, with fell-side views. Bring a snack. Dogs on a lead welcome.

Booking essential. Please contact the Visit Garstang Centre on **01995 602125** or email garstangtic@wyre.gov.uk
Website www.wyre.gov.uk

£3.50/£2.50, terrain guide 3, 4 miles, Trumper-friendly



Events in July

Freshwater Ecology Day

Thursday
2nd July



Wyre Rivers Trust
Partnership for the
Environment

wyre
council

10.30am – 3.30pm

Scorton area

Take part in an ecology day on the river with the Wyre Rivers Trust and Wyre Waters Catchment Partnership. A great chance to find out about the freshwater wildlife of the river. Bring a packed lunch. For more details please check

www.wyriverstrust.org and www.wyre.gov.uk

Booking essential. Please contact the Visit Garstang Centre on **01995 602125** or email garstangtic@wyre.gov.uk.

Website www.wyre.gov.uk

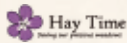
Free, terrain guide 3, 1 mile

National Meadows Day

Saturday 4th July

10am – 4pm

Slaidburn



Hay Time
Celebrating our traditional meadows



FOREST OF BOWLAND
Area of Outstanding Natural Beauty

A chance to discover some of the plants and wildlife which inhabit the beautiful Coronation Meadows at Bell Sykes Farm in Slaidburn. Identify meadow flowers with the AONB team, plus moths and butterflies with the Lancashire Branch of Butterfly Conservation, see the traditional skills of rake making and hay making in action, enjoy tea and cake (or a special, seasonal release from Goosnargh Gin!) and spend time in these amazing meadows.

Visitors are requested to park in the village pay and display car park and take the signed path up to the farm. There is limited parking on site and this will be reserved for visitors with mobility issues.

Meadow flower ID workshop must be booked in advance.

For further information please contact the Forest of Bowland AONB office on **01200 448000** or email sarah.robinson@lancashire.gov.uk

Free, family-friendly

Fell View, Tracks and Trails

Thursday 9th July

10.30am – 1pm

Scorton area

A Trammer trek around the tracks, lanes and farmland around Scorton and Nicky Nook. Bring a snack. Dogs on a lead welcome.

Booking essential. Please contact the Visit Garstang Centre on **01995 602125** or email garstangtic@wyre.gov.uk
Website www.wyre.gov.uk

£3.50/£2.50, terrain guide 3, 4 miles,
Trammer-friendly

Over Wyresdale and Nicky Nook Ramble

Saturday 11th July

9am – 5pm approx

Scorton area

Join the rangers for walk over farm, field and tracks around the River Wyre and Grizedale taking in panoramic views and finishing with a walk over Nicky Nook. Bring a packed lunch.

Booking essential. Please contact the Visit Garstang Centre on **01995 602125** or email garstangtic@wyre.gov.uk
Website www.wyre.gov.uk

£4.50/£3.50, terrain guide 4, 9 to 10 miles

National Gardens Scheme – Waddow Lodge

Sunday 12th July

1pm – 5pm

Waddow Lodge Garden, Clitheroe Road,
Waddington, BB7 3HQ

Inspirational, two acre organic garden. Enthusiasts' collection of many unusual plants in flower garden, wild garden and kitchen garden. Plant heritage stall. Afternoon tea available. Well behaved dogs on leads welcome. (Please do not use Sat Nav as this will take you to the wrong location.)

Just turn up. For more information please contact Liz and Peter Foley on **01200 429145** or email peterfoleyhcn@hotmail.co.uk

£4 (children free)



Salthill Meadow Walk

Sunday 12th July

2pm – 4pm

Salthill Quarry, Clitheroe

The flowers of Salthill Quarry Nature Reserve are at their best in early July, so what better time to take a walk round with former Lancashire Wildlife Trust Reserves Manager, Phil Dykes, and learn about what there is to see.

Booking essential. Please contact the Forest of Bowland AONB office on **01200 448000** or email sandra.silk@lancashire.gov.uk

£3, terrain guide 2, 1 mile approx



Free Family Nature Event – Uncovering Archaeology

Thursday 30th July

10am – 12 noon

or 1.30pm – 3.30pm

Clitheroe Castle Museum

Take part in archaeology-themed activities inside and out, using examples of prehistoric pots, broken pieces of modern ceramics, a range of old coins, and a collection of contemporary rubbish. Children will find out what happens after an excavation.

Activities aimed at 7 - 14 year olds – note slightly older age range for this Free Family Nature Event - (see booking website for more details). Parent/ carer must accompany children at all times.

Booking essential. Please go to www.pendlehillproject.com/whats-on. You will then receive all meeting instructions and additional details about location. For further information, or if you have any questions, please email PendleHill@ernestcooktrust.org.uk

Free, family-friendly



Circular Walk, Chipping

Tuesday 14th July

10am – 12.30pm approx

Chipping pay and display car park

A circular walk starting in Chipping village then circling farmland north of the village, crossing Chipping Brook and Dobson's Brook, before returning to Chipping. The walk may be challenging for children under 10 years old. (All under 18s must be accompanied.)

Just turn up. For more information please contact the Ribble Rivers Trust on **01200 444452** or email admin@ribbletrust.com

Free, terrain guide 3, 3 to 4 miles



Nature Walk around Holmewood

Thursday 30th July

1pm – 2.30pm

Scorton area

Join the rangers in search of wildlife around this beautiful woodland in the Scorton area.

Booking essential. Please contact the Visit Garstang Centre on **01995 602125** or email garstangtic@wyre.gov.uk
Website www.wyre.gov.uk

£3.50/£2.50, terrain guide 3, 1 to 2 miles



Lancashire Cheese Walk

Sunday 26th July

10.30am – 2pm

Garstang area

Join the rangers for a country walk through farmland where the famous Lancashire cheese is made.

Bring a packed lunch.

Booking essential. Please contact the Visit Garstang Centre on **01995 602125** or email

garstangtic@wyre.gov.uk

Website www.wyre.gov.uk

£3.50/£2.50, terrain guide 3, 7 miles





Events in August

Field-Scale Hay Meadow Restoration Workshop

Wednesday 5th August
10.30am – 3.30pm



Slaidburn

Wild flower rich meadows are declining rapidly, but can be restored and managed to benefit biodiversity and produce top quality hay. Detailed workshop covering hay meadow restoration and management methods used in the Forest of Bowland AONB HayTime restoration projects, from green hay transfer to seed addition, and best management practice. Ideal for land owners and practitioners looking to gain knowledge on creating, restoring and managing species rich hay meadows.

Refreshments included but please bring a packed lunch. (Suitable for 16 years and over but all under 18s must be accompanied by an adult.)

Booking essential. Please contact the Forest of Bowland AONB office on 01200 448000 or email carol.edmondson@lancashire.gov.uk or sarah.robinson@lancashire.gov.uk

£60, 5 hours

River Dipping

Tuesday
11th August
10.30am – 12 noon



Abbeystead area

Join the Wyre Rivers Trust and Wyre Waters Catchment Partnership to find out about the wildlife living in the river. For more details please check www.wyriverstrust.org and www.wyre.gov.uk

Booking essential. Please contact the Visit Garstang Centre on 01995 602125 or email garstangtic@wyre.gov.uk
Website www.wyre.gov.uk

Free, terrain guide 4, 2 miles

Free Family Nature Event – Traditional Boundaries

Thursday 20th August
10am – 12 noon



Pendle Hill Landscape Project area (venue tbc)

Discover what a traditional boundary is and have a go at building a dry stone wall with child friendly kit. Identify trees within a laid hedge and explore the wildlife that live within these boundaries. Plus a trail, natural crafts and minibeast hunting.

Activities aimed at 4 - 12 year olds (see booking website for more details). Parent/carer must accompany children at all times.

Booking essential. Please go to www.pendlehillproject.com/whats-on. You will then receive all meeting instructions and additional details about location. For further information, or if you have any questions, please email PendleHill@ernestcooktrust.org.uk

Free, terrain guide 2, 2 miles

Wildlife Explorer on the Green

Thursday 27th August
11am – 12.30pm



Garstang Millennium Green

Join wildlife Charlie for a fun morning finding out about wildlife on the Garstang Millennium Green. Please bring outdoor clothing and footwear.

Booking essential. Please contact the Visit Garstang Centre on 01995 602125 or email garstangtic@wyre.gov.uk
Website www.wyre.gov.uk

£2.50 per child, terrain guide 1, 1 mile



Events in September

Free Family Nature Event – Landscape Summer Walk

Thursday 27th August

10am – 1pm



Pendle Hill Landscape Project area (venue tbc)

Join us on a family-friendly one to three mile circular walk within the landscape. We will be identifying wildlife as we go, exploring the five senses and discovering hidden views amongst the landscape.

Activities aimed at 4 - 12 year olds (see booking website for more details). Parent/carer must accompany children at all times.

Booking essential. Please go to www.pendlehillproject.com/whats-on. You will then receive all meeting instructions and additional details about location. For further information, or if you have any questions, please email PendleHill@ernestcooktrust.org.uk

Free

Ribble Valley Ramble

Monday 31st August

10.30am – 4pm



Spread Eagle, Sawley

Participants will meet at the Spread Eagle for a bacon sandwich and tea/coffee (included) before setting off on a guided walk. The route will be decided by our regular local walk leaders who will provide commentary. A refreshment stop will be made half way (please bring cash for tea/coffee/beer). Walkers will return to the Spread Eagle for a two course meal (included). Please enquire regarding mileage and terrain.

Booking essential. Please contact The Manager at the Spread Eagle on 01200 441202 or email spread.eagle@zen.co.uk.

www.spreadeaglesawley.co.uk

£21

Bowland Foodie Foray

Saturday 19th to

Sunday 27th September



Various locations

The Foodie Foray will be a celebration of Bowland's fantastic seasonal, local produce when you can join us for a week of walks, foraging and feasting. Full details available at

www.forestofbowland.com/Foodie-Foray

Woodlands and Riverbanks

Saturday 19th September

2pm – 4pm



Leagram Mill Farm, Chipping

A short ramble with a mixture of games and talks for all the family, highlighting the importance of woodlands and rivers for biodiversity.

This is a Landscapes for Life Week event.

Booking essential. For more information please contact the Ribble Rivers Trust on 01200 444452 or email admin@ribbletrust.com

£2 (suggested donation), terrain guide 3, 1 mile approx

Bat Watch

Saturday

19th September

7.30pm – 9.30pm



Calder Vale area

Join the Wyre Rangers for a night-time stroll in search of bats.

This is a Landscapes for Life Week event.

Booking essential. Please contact the Visit Garstang Centre on 01995 602125 or email garstangtic@wyre.gov.uk.

Website www.wyre.gov.uk

£3.50/£2.50, terrain guide 3, 1 mile



Lancashire's Largest Forest

Tuesday 22nd September

10am – 12 noon



Gisburn Forest & Stocks

Much of the planting in Gisburn Forest began in the late 1940s and, at 1,250 hectares, this is Lancashire's largest forest. The area has matured and developed over the past seven decades and is now a popular visitor destination, as well as a working forest. Join us for a walk with Forestry England's Martin Colledge to find out about the history and management of the site, from forest operations to wildlife and recreation.

This is a Landscapes for Life Week event.

Booking essential. Please contact the AONB office on **01200 448000** or email sandra.silk@lancashire.gov.uk

£3, terrain guide 3, 2 to 3 miles approx

Creating Mini-Meadows for Wildlife

Wednesday

23rd September

10.30am – 3.30pm

Slaidburn



Even the smallest patch of species rich grassland is a haven for biodiversity. In-depth workshop covering most aspects of small scale wildflower meadow creation and management. Topics will include ground preparation, seed collection and sowing, identifying suitable species, propagation and plug planting, and the annual cycle and management of a hay meadow. Gain knowledge on creating, restoring and managing species rich mini-meadows.

Refreshments included but please bring a packed lunch. (Suitable for 16 years and over but all under 18s must be accompanied by an adult.)

Booking essential. Please contact the AONB office on **01200 448000** or email carol.edmondson@lancashire.gov.uk or sarah.robinson@lancashire.gov.uk

£60, 5 hours

From Fleece to Felt

Sunday 27th September

1pm – 4pm



Rathmell, near Settle

A chance to bring out your creative side! Join Cumbria-based artist, Annie Coxe, and make a beautiful, individual felt picture from Bowland colours. Places limited so early booking recommended.

This is a Landscapes for Life Week event.

Booking essential. Please contact the AONB office on **01200 448000** or email sandra.silk@lancashire.gov.uk

£10

Lord of Bowland

10th Annual Lecture

Tuesday 29th September

7.30pm – 9pm



Tithe Barn, Browsholme Hall, Cow Ark

Join us in Browsholme Hall's lovely Grade II listed Tithe Barn for this 10th anniversary lecture.

Contributions on the evening will be gratefully received. Funds raised through this event will be given to Slaidburn Archive and Champion Bowland, both of which rely heavily on donations.

Booking essential. Please contact the Forest of Bowland AONB office on **01200 448000** or email sandra.silk@lancashire.gov.uk

Free

Events in September



Events in October

Friends of Bowland Apple Day

Saturday 3rd October

Venue TBC



Come and join the Friends of Bowland for a celebration of all things apple! Find out about growing apples, try different varieties and enjoy a range of apple-based refreshments.

Just turn up. For more information email the Friends of Bowland on friendsofbowland@gmail.com

Small entrance fee (accompanied children free)

Tramper Taster Day

Tuesday 6th October

10am – 11am, 11.30am – 12.30pm or 1.30pm – 2.30pm



Gisburn Forest & Stocks

If you haven't tried a Trampler before – now's your chance! Trampers are specially designed, all-terrain electric buggies, which can be used on country tracks uneven ground, mud and grass. They can help people who have difficulty walking, or who may be disabled, to experience the countryside and to accompany friends and family in the great outdoors. Why not join us for a trek through the woodland at Gisburn Forest & Stocks and find out for yourself? Café and toilets at Gisburn Forest Hub approx 1 ¾ miles away.

Limited number of Trampers available so early booking is recommended.

Booking essential. Please contact the AONB office on **01200 448000** or email sandra.silk@lancashire.gov.uk

Donations welcome, terrain guide 3, 1 ½ miles approx, Trampler-friendly

Leaves, Conkers and Pumpkins – Autumnal Storytime

Saturday 24th October

10am – 12 noon

Garstang Library



Join Garstang Library's Storytime and read stories about autumn and make your own leaf man.

Find out about the different types of trees and what changes nature goes through during autumn.

Families Welcome, parent or guardian must stay with children.

Just turn up. For more information please contact the Visit Garstang Centre on **01995 602125** or email garstangtic@wyre.gov.uk

Website www.wyre.gov.uk

Free

Bowland Family Art Activity

Sunday 25th October

Time tbc

Scorton area



Take part in an art activity whilst enjoying the autumn colours of nature in the Scorton area. Look out for more details of this activity nearer the time. For more information please contact countryside@wyre.gov.uk

Booking essential. Please contact the Visit Garstang Centre on **01995 602125** or email garstangtic@wyre.gov.uk
Website www.wyre.gov.uk

Autumn's Palette

Monday 26th October

1.30pm – 3pm

Eldroth Village Hall



Bring some of Bowland's fantastic seasonal colours inside with these lovely tissue paper window hangings. Red, yellow, orange, purple – the choice is yours! A family-friendly activity where adults come free.

Booking essential. Please contact the AONB office on **01200 448000** or email sandra.silk@lancashire.gov.uk

£3 per child, 1 ½ hours, family-friendly



Events in November

Bat Box Workshop

Tuesday 27th October

10am – 12 noon or 1pm – 3pm

Bashall Barn, nr Clitheroe



An introductory talk about local bat species including their habits, habitat and why they are important. Children can then make a bat box to take home. All materials provided. Parents/guardians to supervise and help.

Booking essential. For more information please contact the Ribble Rivers Trust on 01200 444452 or email admin@ribbletrust.com

£3 per child

Hot off the Press!

Wednesday 28th October

10am – 12.30pm or 1.30pm – 4pm

Tosside



Join Mangle Print Workshop's, Nita Burrows, for a chance to try your hand at lino cut printmaking. Let the Bowland landscape and its wildlife inspire your designs using this fun and creative technique.

Booking essential. Please contact the Forest of Bowland AONB office on 01200 448000 or email sandra.silk@lancashire.gov.uk

£10

Free Family Nature Event – Natural Art

Thursday

29th October



10am – 12 noon Spring Wood, Whalley

1.30pm – 3.30pm Victoria Park, Nelson

Be inspired by nature and join in with our art and craft activities in the great outdoors! Discover what natural colours are hidden in nature, create unusual sculptures, wild painting and leaf collages. Activities aimed at 4 - 12 year olds (see booking website for more details). Parent/carer must accompany children at all times.

Booking essential. Please go to www.pendlehillproject.com/whats-on. You will then receive all meeting instructions and additional details about location. For further information, or if you have any questions, please email PendleHill@ernestcooktrust.org.uk

Free

Claylands Legstretcher

Friday 13th November

10.30am – 12.30pm

Claylands Reception Car Park, off A6, Cabus (north of Scorton turning)



A country walk with views of the River Wyre, along country lanes, picturesque woodland and fields.

Just turn up. For more information please contact the Visit Garstang Centre on 01995 602125 or email garstangtic@wyre.gov.uk. Web www.wyre.gov.uk

£3.50/£2.50, terrain guide 3, 4 miles approx

Events in December

Garstang Victorian Festival Woodcraft Activity

Tuesday 8th December

6pm – 8pm

Visit Garstang Centre



Join the Rangers at the Visit Garstang Centre to make your own wooden decoration.

Just turn up. For more information please contact the Visit Garstang Centre on 01995 602125 or email garstangtic@wyre.gov.uk. Web www.wyre.gov.uk

£2.50

Events from October to December

Event Locations

- 1 Abbeystead
- 2 Barley
- 3 Barnacre
- 4 Beacon Fell Country Park
- 5 Beasdale
- 6 Brock
- 7 Cabus
- 8 Calder Vale
- 9 Chipping
- 10 Claughton on Brock
- 11 Clitheroe
- 12 Cow Ark
- 13 Dolphinholme
- 14 Downham
- 15 Dunsop Bridge
- 16 Eldroth
- 17 Fence
- 18 Garstang
- 19 Gisburn Forest & Stocks
- 20 Hornby
- 21 Knowle Green
- 22 Nelson
- 23 Newton-in-Bowland
- 24 Rathmell
- 25 Salden
- 26 Sawley
- 27 Scorton
- 28 Slaidburn
- 29 Tosside
- 30 Waddington
- 31 Whalley

FOREST OF BOWLAND

Area of Outstanding Natural Beauty

