



Rivers Lune & Wyre

Start Point

Lancaster Millennium Bridge
(SD 4723 6208)

Distance/Time



30 miles (48km),
3-4 hours

Terrain

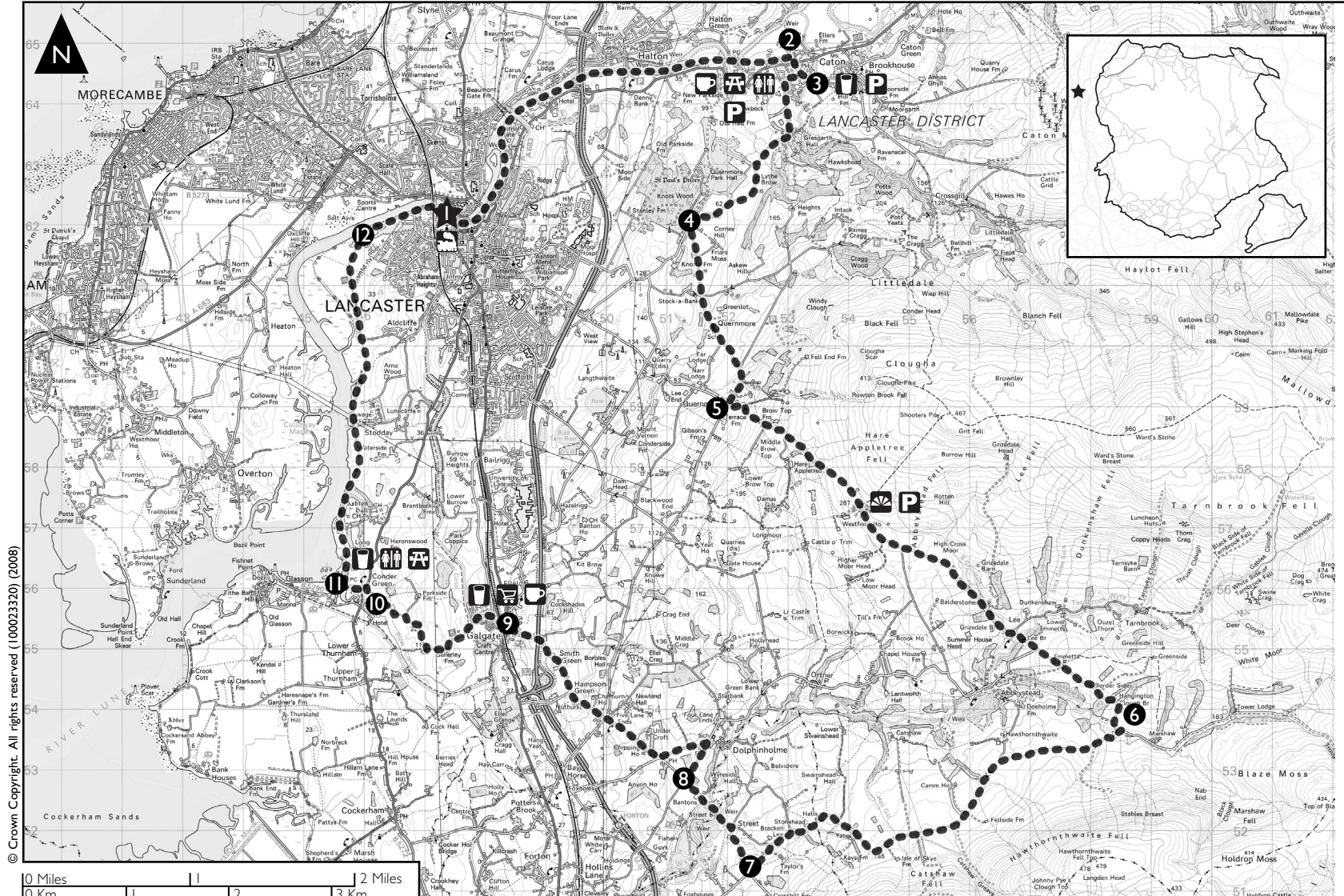
The route includes cycle paths and sections on roads. It includes steep climbs.

Key to Facilities

- Café, Toilets, Shop, Pub,
- Picnic site, Car park,
- Viewpoint, Station

GPS Waypoints (OS grid refs)

- ★ SD 4723 6208
- ② SD 5310 6482
- ③ SD 5325 6485
- ④ SD 5142 6210
- ⑤ SD 5201 5906
- ⑥ SD 5850 5357
- ⑦ SD 5236 5128
- ⑧ SD 5130 5281
- ⑨ SD 4838 5535
- ⑩ SD 4817 5552
- ⑪ SD 4598 5579
- ⑫ SD 45926175



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About This Ride

This ride gives you a taste of the variety of landscapes in the area.

The ride starts in Lancaster city and uses an old railway line alongside the River Lune to the village of Caton. This line used to transport livestock and clay bricks into Lancaster and on to Glasson Dock. Once past Quernmore the landscape starts to change as you climb on to the Bowland Fells - heather moorland which is managed for grouse shooting. After coming down the hill past Abbeystead the route swings right into Marshaw and along the bottom of Hawthornthwaite Fell. Around Dolphinholme the views become softer and more wooded, and then after Conder Green you return to the riverside with perhaps the smell of the sea!

Public Transport

Lancaster Station Follow the cycle path from the north end of platform 1 for the Millennium Bridge.

Arriving by car

Use any city centre car park, or alternatively start at Crock O' Lune car park and picnic site or at Caton village.

Route Description

1 **GPS: SD 4723 6208**
From Millennium Bridge take the cycle path (Route 69) on the south side of river to Halton and Crook O'Lune.

2 **GPS: SD 5310 6482**
Leave the cycle path at the road crossing in Caton. Cross mini roundabout with care.

3 **GPS: SD 5325 6485**
Turn right, then left following Lancashire Cycleway (Route 90).

4 **GPS: SD 5142 6210**
Fork left to Quernmore, following Route 90.

5 **GPS: SD 5201 5906**
At Quernmore crossroads take the left turn onto the Trough of Bowland road (signposted to Clitheroe). Climb up to Jubilee Tower (viewpoint).

6 **GPS: SD 5850 5357**
Turn right, cross the bridge and follow the road on the south side of Wyresdale.

7 **GPS: SD 5236 5128**
Turn right at the crossroads towards Galgate and Lancaster.

8 **GPS: SD 5130 5281**
Turn right to the village of Dolphinholme and maybe visit the Post Office and shop for a snack. Return to the main road, turning right at The Fleece and following this road along and under the motorway.

9 **GPS: SD 4838 5535** Cross the A6 at Galgate crossroads.

10 **GPS: SD 4817 5552**
Turn right on Route 6 to Conder Green.

11 **GPS: SD 4598 5579**
Turn right on A588. By Stork Hotel turn left. Follow the cycle path along the Lune Estuary into Lancaster. (Route 6).

12 **GPS: SD 4592 6175**
Follow the quay to Millennium Bridge