

# Lune Valley

## Start Point

This ride is described from Lancaster railway station SD 471 619, but can also start from Denny Beck SD 503 646 or Crook O'Lune car parks SD 521 646

## Distance/Time










26 miles (42km)  
2.5-3 hours

## Terrain

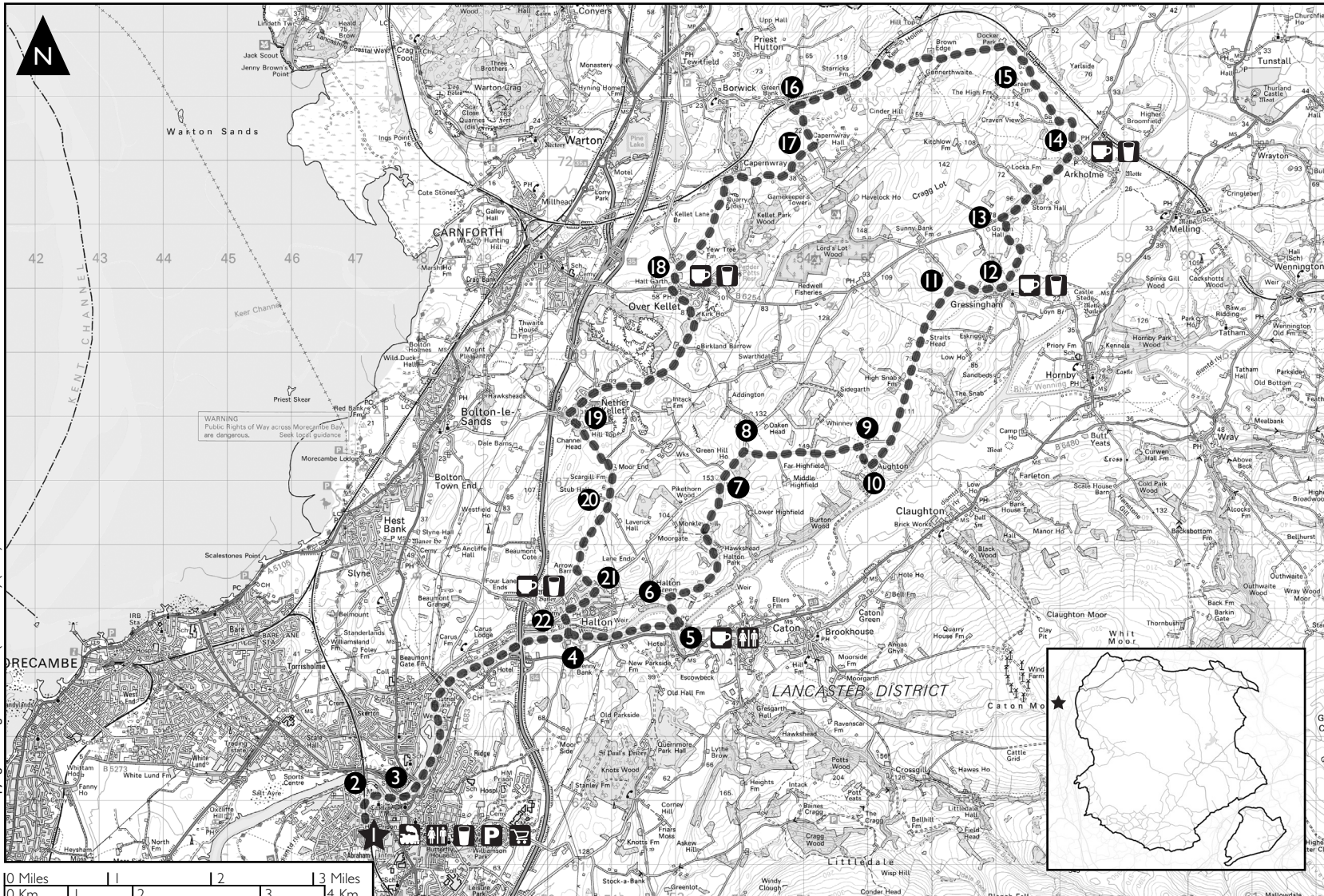
This route is on road and cycle paths, undulating

## Key to Facilities

-  Toilets,  Car park,  Shop,
-  Post Office,  Café,  Pub,
-  Station

## GPS Waypoints (OS grid refs)

- ★ SD 4713 6189
- ② SD 4712 6199
- ③ SD 4723 6208
- ④ SD 5033 6457
- ⑤ SD 5213 6465
- ⑥ SD 5192 6517
- ⑦ SD 5275 6695
- ⑧ SD 5307 6746
- ⑨ SD 5489 6753
- ⑩ SD 5502 6721
- ⑪ SD 5639 7007
- ⑫ SD 5705 6998
- ⑬ SD 5707 7108
- ⑭ SD 5832 7214
- ⑮ SD 5747 7354
- ⑯ SD 5382 7283
- ⑰ SD 5417 7224
- ⑱ SD 5200 7004
- ⑲ SD 5137 6850
- ⑳ SD 5094 6657
- ㉑ SD 5076 6526
- ㉒ SD 5029 6489
- ㉓ SD 5033 6457



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# Lune Valley

## About This Ride

Set out from Lancaster on the wonderful Lune Park Millennium cycle way, then venture through the beautiful, constantly changing countryside nestling between the rivers Lune and Keer. This ride will take you through lovely villages and glorious countryside. Before you set off why not discover Lancaster Castle - one of the longest serving operational courts and prisons in Europe. The cycle way out of the city also links with the stunning Millennium Bridge, designed to carry walkers and cyclists over the River Lune. Next, you go under the Lune Aqueduct, a 200m long arched structure, designed by John Rennie and completed in 1797, which carries the Lancaster canal over the river. At the Crook O'Lune, a local beauty spot, stop and enjoy the scenery before pedalling on to Aughton and Arkholme. Return via Capernwray and the Kellets and back to Halton.

## Public Transport

Lancaster station is easily accessible from Preston, Manchester and the north.

## Route Description

- ★ GPS: SD 4713 6189**  
Leave the station by the cycle lockers at the north end of platform one. Turn right onto the cycle way.
- ② GPS: SD 4712 6199**  
Turn right under the railway bridge then immediately left onto the cycle way.
- ③ GPS: SD 4723 6208**  
Follow the path, passing the Millennium Bridge on your left, and then under the road. Follow this wonderful off-road route, following the River Lune out of the city.
- ④ GPS: SD 5033 6457**  
At Denny Beck (alternative start point) continue straight along the path.
- ⑤ GPS: SD 5213 6465**  
At Crook O'Lune (alternative start point) exit via the car park and turn right to follow the road uphill.
- ⑥ GPS: SD 5192 6517**  
When the road bends left, turn right onto the single track lane between the stone gate columns.
- ⑦ GPS: SD 5275 6695**  
Turn right at the junction.
- ⑧ GPS: SD 5307 6746**  
Turn right again after approx 800m (signpost to Aughton).
- ⑨ GPS: SD 5489 6753**  
Turn right again (signpost to Aughton).
- ⑩ GPS: SD 5502 6721**  
Turn left by the small green (signpost to Gressingham).
- ⑪ GPS: SD 5639 7007**  
Turn right (signpost to Gressingham and Hornby).
- ⑫ GPS: SD 5705 6998**  
In Gressingham itself take the first road on the left (it is a bit hidden, just over a small bridge and opposite a telephone box). You are now on a section of the Lancashire Cycleway - follow the blue signs.
- ⑬ GPS: SD 5707 7108**  
At the crossroads turn right (signpost to Arkholme and Whittington).
- ⑭ GPS: SD 5832 7214**  
In Arkholme turn left at the crossroads in the village centre (signpost for Docker Farm Park).
- ⑮ GPS: SD 5747 7354**  
Turn left 100m before the railway bridge and ride past Docker Farm Park (or stop a while and enjoy the farm animals).
- ⑯ GPS: SD 5382 7283**  
Continue along beside the railway line, turn left (signpost Capernwray and Arkholme) before the bridge and leave the cycle way.
- ⑰ GPS: SD 5417 7224**  
Turn right by the church (signpost to New England and Over Kellet) and follow this lane all the way to Over Kellet coming to the central green with crossroads.
- ⑱ GPS: SD 5200 7004**  
Go straight on at the crossroads (signpost to Nether Kellet).
- ⑲ GPS: SD 5137 6850**  
Turn left at Newlands Farm (signed to Halton).
- ⑳ GPS: SD 5094 6657**  
Turn left again and follow the signs to Halton.
- ㉑ GPS: SD 5076 6526**  
On entering Halton village turn right at the T junction.
- ㉒ GPS: SD 5029 6489**  
Turn left just past the Post Office, straight on at the crossroads, and over the river to Denny Beck.
- ㉓ GPS: SD 5033 6457**  
Turn right, and ride back into Lancaster along the Lune Valley Millennium Way.