

TRAMPER TRAILS AND SITES – NORTHERN ENGLAND MAY 2014

INTRODUCTION

The following list gives brief details of sites which have Trampers for use by visitors. The list is not exhaustive and there may be other sites in the North of England with Trampers available.

Some of the locations are country parks or estates which are open to the public. There are also some venues which are privately owned. Each venue is likely to have some conditions regarding using a Trumper. It is recommended the chosen venue is contacted well in advance of a first visit to check booking arrangements and available facilities. It may be helpful to tell the venue if the intended user already has experience of using a Trumper.

The venues are listed geographically by county. A postcode is included to aid finding the venue.

The hyperlinks should work when this document is received electronically. The hyperlinks worked at the time of revision in May 2014 but beware they may become obsolete over time. The contact telephone numbers may be for general enquiries and a further call may be required to obtain fuller details of Trumper facilities.

The sites listed cover a wide range of terrain and supporting facilities, it would be advisable to check fully with the operator before setting out on a visit.

David Taylor,
27th May 2014.

CHESHIRE

QUARRY BANK MILL, STYAL, WILMSLOW SK9 4LA

<http://www.nationaltrust.org.uk/quarry-bank-mill/>

This National Trust property is situated relatively close to Manchester Airport.

There is a Trumper available for use around the gardens adjacent to the mill.

The main car park is situated a short distance from the mill complex. There is a wheelchair accessible shuttle bus between the car park and mill.

Telephone contact 01625 527468.

CUMBRIA

SOUTH WALNEY NATURE RESERVE, WALNEY ISLAND, BARROW-IN-FURNESS LA14 3YQ

This nature reserve has its own Trumper on site for use by visitors. People wishing to use the Trumper should telephone in advance to book its use.

The telephone number for the site warden is 01228 829570. Alternatively contact the Kendal office of the Cumbrian Wildlife Trust on 01539 816300.

The reserve is on an exposed site so dress for the weather. Facilities are limited, there is a car park and toilets. Tracks lead around the nature reserve to ponds and hides.

A charge is made for visiting the site but use of the Trumper is free of charge.

TARN HOWS, BOON CRAG, CONISTON, LA21 8AQ

<http://www.nationaltrust.org.uk/tarn-hows/>

Tarn Hows is one of the Lake District's most popular destinations. A National Trust property with a well maintained all-weather path around the lake giving spectacular views of the surrounding hills. This site has its own Trammer available for use. The following link gives details.

<http://www.nationaltrust.org.uk/tarn-hows/things-to-see-and-do/>

Telephone contact 015394 41456.

Details of the trail can also be found in the Lake District National Park's book "Miles Without Stiles", Route 13 or on the parallel website

<http://www.lakedistrict.gov.uk/visiting/thingstodo/walking/mileswithoutstiles/mws13>

DERBYSHIRE

DERWENT RESERVOIR, FAIRHOLMES, BAMFORD, S33 0AQ

<http://www.peakdistrict.gov.uk/visiting/ic/ic-derwent>

The Upper Derwent Valley in the Peak District contains three large man-made reservoirs. The Fairholmes visitor centre is close to the dam for the Derwent Reservoir. Two Trampers are available from the cycle hire facility at the visitor centre. There are various trails up and down the valley from the visitor centre.

Telephone contacts, general enquiries 01433 650953, Trammer hire 01433 651261.

PARSLEY HAY, NEAR BUXTON, SK17 0DG

<http://www.peakdistrict.gov.uk/visiting/cycle/cycle-hire-centres/parsleyhay>

Parsley Hay is a small visitor centre just off the A515 south of Buxton. Easy access to the High Peak and Tissington Trails is available from Parsley Hay. Both trails run along former railway lines which used to cross the high ground in the Peak District. A Trammer is available from the cycle hire facility within the visitor centre.

Telephone contact for Trammer hire 01298 84493.

LANCASHIRE

FOREST OF BOWLAND AONB

<http://www.forestofbowland.com/access-for-all>

Follow this link for a location map and a series of self-guided Trumper Trails to download. The Trumper Trails have been graded using the Disabled Ramblers 1 to 5 categories. These vary in distance and terrain, providing a range of experiences to suit those seeking a simple ride to those looking for something more challenging.

There are a number of Trampers available for hire across the area, either at a specific location such as a country park or they can also be booked in advance and it may be possible to arrange delivery to the start point of a particular Trumper trail.

The **Wyresdale Wheels Trumper** can be hired in conjunction with the following: Bleasdale Parish Hall trails, Scorton trails and Cobble Hey. Please phone Jonty at Scorton Post Office on 01524 791329 to make your booking.

Trampers are also available to hire from **Ribble Valley Shopmobility**, Clitheroe Tel: 01200 425028
www.ribblevalleyshopmobility.co.uk

BEACON FELL COUNTRY PARK, GOOSNARGH, PRESTON, PR3 2NL

<http://www.visitlancashire.com/things-to-do/beacon-fell-country-park-p1730>

Beacon Fell Country Park is a well established site to the north of Preston with clear views over the Fylde and to the nearer Bowland fells. Entrance to the park is free with the car parks nearest the Visitor Centre operating a "pay and display" system. There are designated disabled parking spaces close to the Visitor Centre.

There are generally two Trampers available for hire (free) at the Visitor Centre, with sufficient notice more Trampers can be made available for use at Beacon Fell.

There are clearly marked Trumper trails around Beacon Fell.

Telephone contact 01995 640557.

BLEASDALE COTTAGES, BLEASDALE, PRESTON, PR3 1UY

<http://www.bleasdalecottages.co.uk/>

High quality self-catering accommodation in the heart of the Forest of Bowland. Situated in converted buildings on a working farm there are excellent facilities for disabled guests. Guests can hire a Trumper as part of their holiday booking for use on the extensive farmland and trails. There is also sufficient accommodation to allow guests to bring and use their own Trumper.

Bleasdale Cottages are within easy reach of Beacon Fell Country Park.

Telephone contact 01995 61343.

COBBLE HEY FARM AND GARDENS, CLAUGHTON ON BROCK, GARSTANG, PR3 0QN

<http://www.cobblehey.co.uk/page.asp?Page=14>

Cobble Hey is a hillside farm with extensive gardens and impressive views over the Fylde. There is a Trumper available for use around the gardens and on marked trails around the adjacent farmland. Use of the Trumper is free but does require booking in advance by phoning 01995 602643 or by e-mail cobblehey@aol.com

There is a café serving a wide range of locally sourced food.

BOWLAND WILD BOAR PARK, CHIPPING, PRESTON, PR3 2QT

<http://www.wildboarpark.co.uk/>

The Wild Boar Park has a wide range of animals to be seen. There is a Trumper available to access the various trails around the park. The park organises special events throughout the year.

Telephone contact 01995 61554.

WYCOLLER COUNTRY PARK, NEAR TRAWDEN, BB8 8SY

<http://www.visitlancashire.com/things-to-do/wycoller-country-park-p7149>

Wycoller Country Park is situated at very east of the county near to the Yorkshire border. Lancashire County Council operates the country park. Entrance and car parking are free. The main car park is some distance from the visitor centre. Disabled users should drive past the main car park into the hamlet of Wycoller and cross the beck by the bridge. Enter the visitor centre site and follow the signs for the Aisled Barn. The Aisled Barn is beyond the ruins of Wycoller Hall. Although there are no defined disabled parking places the Rangers or volunteers will indicate where to park if they are asked.

There are two Trampers kept on the site and they are available for use free of charge. To use a Trumper it is essential to telephone the country park (01282 870253) in advance to make sure it is reserved. To be sure the correct member of staff is available to hand over the Trumper contacting the visitor centre at least two days before the Trumper is required is recommended.

People bringing their own Trampers to use are also welcome.

There is a well defined Trumper trail around part of the park. The trail is clearly marked on a free map of the site available from the visitor centre in the Aisled Barn. On the trail itself there are special way marking posts with arrows and clear "T" symbols to indicate the route for Trampers.

There are toilet facilities at the visitor centre and there is a privately run café in the hamlet of Wycoller.

WYRE ESTUARY COUNTRY PARK, STANAH, THORNTON CLEVELEYS, FY5 5LR

http://www.wyre.gov.uk/info/200029/coast_and_countryside/49/wyre_estuary_country_park

Located alongside the River Wyre this country park has two Trampers available for use by visitors. The park occupies a relatively level site with good car parking and visitor facilities.

There are organised events throughout the year.

Telephone contact 01253 863100.

WITTON COUNTRY PARK, PRESTON OLD ROAD, BLACKBURN, BB2 2TP

<http://www.visitblackburn.co.uk/attractions/witton-country-park-p7358>

Situated just a mile from the centre of Blackburn this large well established country park has a wide range of visitor facilities.

There are six Trampers available for use on the extensive trails within the park.

The Trampers are located at the main visitor centre which has designated disabled parking spaces.

Before travelling to the park it is advisable to check availability of the Trampers.

For initial enquiries telephone 01254 55423, for subsequent use a Tramper can be booked by phoning 01254 680012 (Audley Sports Centre).

NORTHUMBERLAND

GIBSIDE, NEAR ROWLANDS GILL, GATESHEAD, NE16 6BG

<http://www.nationaltrust.org.uk/gibside/>

Situated close to the border between Northumberland and Co. Durham, Gibside is a large National Trust property. There are extensive and well defined trails in open country and woodland. Gibside has two Trampers available for use. For details of the facilities and access follow this link

<http://www.nationaltrust.org.uk/gibside/facilities-and-access/>

The site's visitor facilities were upgraded during 2013.

Telephone contact 01207 541820.

WALLINGTON, CAMBO, NEAR MORPETH, NE61 4AR

<http://www.nationaltrust.org.uk/wallington/>

Wallington is a large country house owned by the National Trust. The house is surrounded by an informal landscape of lawns, lakes, woodland, parkland and farmland. There is a Tramper available to explore the grounds. For details of the facilities and access follow this link

<http://www.nationaltrust.org.uk/wallington/facilities-and-access/>

Telephone contact 01670 773600.

YORKSHIRE

CASTLE HOWARD ARBORETUM TRUST, CASTLE HOWARD, YORK, YO60 7DA

<http://www.kewatch.co.uk/>

The Arboretum is situated very close to Castle Howard. It is a large site with extensive planting of specimen trees of many types. The Arboretum is open from the beginning of March until the end of November. There are two Trampers available allowing the user to access most parts of site and inspect the trees closely. There is a visitor centre with café.

Telephone contact 01653 648598.

MALHAM TARN, WATERHOUSES, SETTLE, BD24 9PT

<http://www.nationaltrust.org.uk/malham-tarn-estate>

Malham Tarn is one of the Yorkshire Dales' most popular destinations. A National Trust property with a popular route around the lake giving spectacular views of the surrounding hills and upland countryside.

This site has its own Tramper available for use. The following link gives details.

<http://www.nationaltrust.org.uk/malham-tarn-estate/facilities-and-access/>

Telephone contact 01729 830416.

TEMPLE NEWSAM, LEEDS, LS15 0AE

<http://www.leeds.gov.uk/museumsandgalleries/Pages/Temple-Newsam.aspx>

Temple Newsam is a large Jacobean Tudor Mansion. On the south eastern outskirts of Leeds the site is easily accessed from the M1 motorway.

There are a wide variety of facilities situated in the 1500 acre grounds. Four Trampers are available for visitors to use around the grounds.

Telephone contact 0113 336 7560 (Estate Office).